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|  | **Arvalee S.S. Rosemary 028 8224 2594** [**rosemary.smith@eani.org.uk**](mailto:rosemary.smith@eani.org.uk)  **Monday** | **Tuesday** | **Wednesday** | **Thursday** | Version 1 colour for printing (1)  **Friday** |
| **WEEK 1**  **29th Aug**  **26th Sept**  **24th Oct**  **21st Nov**  **19th Dec**  **16th Jan** | **Spaghetti Bolognaise & Homemade Garlic Bread Or**  **Ham & Cheese Melt**  **Garden Peas**  **Salad Selection**  **Mashed Potato**  **Hot Pasta Twists / Gravy**  **Sponge with Jam Topping & Custard** | **Homemade Breaded Chicken Goujons & Dip Or**  **Chicken Wrap**  **Fresh Diced Carrots**  **Salad Selection**  **Mashed Potato**  **Herb Diced Potatoes**  **Hot Pasta Twists / Gravy**  **Jelly & Ice-Cream Slice with Orange Segments** | **Breast of Chicken Curry with Boiled Rice & Naan Bread Or**  **Oven Baked Breaded Fish Fingers**  **Sweetcorn**  **Cauliflower Mornay**  **Mashed Potato**  **Hot Pasta Twists / Gravy**  **Fresh Fruit Or**  **Fresh Yoghurt** | **Roast Breast of Chicken Or**  **Roast Pork**  **Traditional Stuffing**  **Fresh Diced Carrots**  **Broccoli Florets**  **Mashed Potato**  **Dry Oven Roast Potato**  **Hot Pasta Twists / Gravy**  **Rice Krispie Square &**  **Custard** | **Oven Baked Sausage Or**  **Peppered Chicken**  **Baked Beans**  **Garden Peas**  **Tossed Salad**  **Baked Potato**  **Chips**  **Hot Pasta Twists / Gravy**  **Ice-Cream Tub &**  **Fruit Pieces** |
| **WEEK 2**  **5th Sept**  **3rd Oct**  **31st Oct**  **28th Nov**  **26th Dec**  **23rd Jan** | **Ham & Cheese Pizza Or Chicken Crumble**  **Garden Peas**  **Tossed Salad**  **Mashed Potato**  **Herb Diced Potatoes**  **Hot Pasta Twists / Gravy**  **Flakemeal Biscuit &**  **Water Melon Slice** | **Breast of Chicken Curry with Boiled Rice & Naan Bread Or**  **Steak Burger**  **Broccoli Florets**  **Fresh Diced Carrots**  **Mashed Potato**  **Hot Pasta Twists / Gravy**  **Muffin &**  **Custard** | **Italian Pasta Bake & Homemade Garlic Bread Or**  **Fresh Breaded Fish Goujons**  **Baked Beans**  **Sweetcorn / Garden Peas**  **Mashed Potato**  **Hot Pasta Twists / Gravy**  **Jelly & Ice-Cream Slice Or**  **Fresh Fruit** | **Roast Breast of Chicken Or Chicken Pasta Bake**  **Traditional Stuffing**  **Fresh Diced Carrots / Parsnip**  **Mashed Potato**  **Dry Oven Roast Potato**  **Hot Pasta Twists / Gravy**  **Fruit Sponge &**  **Custard** | **Homemade Breaded Chicken Nuggets Or**  **Beef Lasagne**  **Sweetcorn**  **Salad Selection**  **Mashed Potato**  **Chips**  **Hot Pasta Twists / Gravy**  **Frozen Yoghurt &**  **Fruit Pieces** |
| **WEEK 3**  **12th Sept**  **10th Oct**  **7th Nov**  **5th Dec**  **2nd Jan**  **30th Jan** | **Oven Baked Breaded Fish Fingers Or**  **Savoury Mince**  **Fresh Diced Carrots**  **Garden Peas**  **Mashed Potato**  **Hot Pasta Twists / Gravy**  **Fresh Fruit Or**  **Fresh Yoghurt** | **Breast of Chicken Curry with Boiled Rice & Naan Bread Or Chicken Panini**  **Sweetcorn**  **Broccoli Florets**  **Mashed Potato**  **Herb Diced Potatoes**  **Hot Pasta Twists / Gravy**  **Jelly &**  **Fruit Pieces** | **Homemade Breaded Chicken Goujons & Dip Or**  **Cottage Pie**  **Baked Beans**  **Fresh Diced Turnips**  **Salad Selection**  **Mashed Potato**  **Hot Pasta Twists / Gravy**  **Rice Pudding Or Fresh Yoghurt Or Fresh Fruit** | **Oven Baked Gammon Or**  **Chicken & Pasta Bake**  **Traditional Stuffing**  **Fresh Baton Carrots**  **Cauliflower Mornay**  **Mashed Potato**  **Dry Oven Roast Potato**  **Hot Pasta Twists / Gravy**  **Ginger Biscuit &**  **Custard** | **Oven Baked Sausages Or**  **Macaroni Cheese**  **Garden Peas**  **Coleslaw**  **Baked Potato**  **Chips**  **Hot Pasta Twists / Gravy**  **Ice-Cream &**  **Fruit Pieces** |
| **WEEK 4**  **19th Sept**  **17th Oct**  **14th Nov**  **12th Dec**  **9th Jan**  **6th Feb** | **Steak Burger Or**  **Stuffed Bacon Roll**  **Baked Beans**  **Sweetcorn**  **Broccoli Florets**  **Mashed Potato**  **Hot Pasta Twists / Gravy**  **Fresh Fruit Or**  **Fresh Yoghurt** | **Pasta Bolognaise & Homemade Garlic Bread Or**  **Fresh Breaded Fish Goujons**  **Fresh Baton Carrots**  **Salad Selection / Parsley Sauce**  **Mashed Potato**  **Herb Diced Potatoes**  **Hot Pasta Twists / Gravy**  **Eton Mess**  **(Meringue, Fruit & Yoghurt)** | **Breast of Chicken Curry with Boiled Rice & Naan Bread Or**  **Oven Baked Sausage**  **Garden Peas**  **Salad Selection**  **Mashed Potato**  **Hot Pasta Twists / Gravy**  **Fresh Fruit Salad**  **Jelly** | **Roast Breast of Chicken Or**  **Flaked Salmon Wrap**  **Traditional Stuffing**  **Broccoli Florets**  **Tossed Green Salad**  **Mashed Potato**  **Dry Oven Roast Potato**  **Hot Pasta Twists / Gravy**  **Chocolate Brownie &**  **Custard** | **Homemade Margherita Pizza**  **Or Marinated Chicken & Veg Stir Fry with Noodles**  **Sweetcorn**  **Salad Selection**  **Mashed Potato**  **Chips**  **Hot Pasta Twists / Gravy**  **Ice-Cream &**  **Fruit Pieces** |

 **Fresh Fish & Chicken Nuggets May Contain Bones**

***If You Require Any Additional Information on Allergens or Special Diets Please Contact the School to complete a Special Diets Application Form***

***Potato Salad***

***Rice Salad***

***Coleslaw***

***Tossed Salad***

***Lettuce***

***Cherry Tomato***

***Carrot Sticks***

***Cucumber Sticks***

***Diced Red Peppers***

***Red Onion***

***Radish***

***Beetroot***

***Breads***

***Milk, Water***

***Fresh Fruit, Yoghurt***

***Available Daily***